



Senior Life Solutions is designed to meet the unique mental health needs of older adults.



Baraga County Memorial Hospital
(906) 524-3211



Senior Life Solutions is your hospital's program, which is designed to meet the unique needs of individuals typically 65 and older who may be experiencing any of the following:

- Acting as a Caregiver
- Chronic Health Condition
- Decreased Energy
- Difficulty Sleeping/Eating
- Feeling Lonely or Isolated
- Feelings of Uncertainty and Worry
- Life Transitions
- Loss of a Loved One
- Loss of Interest
- Recent Health Diagnosis

Senior Life Solutions program staff includes a board-certified psychiatrist, licensed therapist, registered nurse, and other trained professionals to ensure you receive the best possible care.

Anyone can refer an individual to the program, including physicians, family members, self-referrals, or other healthcare professionals. If you or someone you know could benefit from this program, please contact us.

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